Proactive genetic testing
GETTING STARTED

A quick guide to getting started with Invitae’s proactive genetic tests, including the Invitae Genetic Health Screen, Invitae Cancer Screen, and Invitae Cardio Screen

TALKING WITH YOUR PATIENTS
A few key points to help your patients understand the value of proactive genetic testing:

- Invitae has found that 16.1% of healthy adults carry a serious health-related genetic risk.
- For healthy adults who wish to gain important insights based on their DNA, Invitae offers proactive genetic testing.
- Invitae tests will give you insights into important health risks you may—or may not—have based on genetic risks related to certain conditions, including inherited cancers, cardiovascular conditions, and other disorders.
- Adults who learn that they have risk-related genetic changes can partner with their clinician to seek early care, regular monitoring, and possibly initiate an early intervention to prevent the onset of disease. Additionally, lifestyle changes may be considered.
- The Invitae Genetic Health Screen, Invitae Cancer Screen, and Invitae Cardio Screen are different from other DNA tests your patient may have heard about because each provides results with a clear medical path forward. Our panels are focused on medical management guidelines; test results have a clear medical basis and are clinically actionable.

READY TO ORDER?

Step 1: Place an order
- Our online ordering flow is simple and streamlined. Sign up for an Invitae account at www.invitae.com/signup. Choose proactive testing and input the required patient and clinician information. If your patient has chosen the direct self-pay option please include your patient’s email address, which Invitae’s Client Services team will use to make payment arrangements. We accept only patient pay or institutional billing at this time for the Invitae Genetic Health Screen, Invitae Cancer Screen, and Invitae Cardio Screen.

Step 2: Send a specimen (blood or saliva)
- Visit www.invitae.com/request-a-kit to request a free Invitae blood or saliva collection kit to collect your patient’s specimen, then send it back to us at no additional charge in the US and Canada.

Step 3: Receive results
- You will receive an email notification once we receive the specimen and another when the results are ready, typically 10–21 days after the sample is received.
CLINICAL SUPPORT

Invitae strives to offer genetic testing in a medically responsible way and can provide in-depth clinical consultation services for ordering clinicians and comprehensive genetic counseling services to individuals undergoing testing.

If you have questions about the clinical aspects of the testing process or your patient's results, please email clinconsult@invitae.com or call Client Services at 800-436-3037.

Our licensed, board-certified genetic counselors can assist with the genetic testing process, including:

- talking through the decision to undergo testing
- discussion of personal and family health history
- understanding results
- talking about sharing genetic information with doctors and family members
- providing genetic counseling for patients (when referred by ordering provider)

When it comes to healthy living, knowledge is power. Join us in our mission to improve healthcare for everyone.

For more information, contact us at www.invitae.com/contact or visit www.invitae.com/proactive.